

Annual Physical

What is an Annual Physical?

An annual physical is a routine preventive exam which can identify potential health issues early on before they become a serious condition.

What is included in an Annual Physical?

An annual physical examination can include:

- ✓ Review of health history
- ✓ Review of medications
- ✓ Complete physical exam and review of body systems
- ✓ Vital signs check
- ✓ Review of immunizations
- ✓ Review of age/gender appropriate screening tests

Contact Us with
Questions:

Billing Department

(616) 514-3801

What is not included in an annual physical?

Most health insurance plans cover one physical per year. However, when your doctor addresses other medical issues, these would not be covered as part of the annual physical and may be subject to the patient's deductible, co-insurance or copay.

Physicians may find the need to address immediate concerns, inadequately controlled existing medical problems, or new medical problems found at your visit that may result in prescribing a new medication, adjusting your current medication regimen, and/or ordering diagnostic testing. Listed below are some examples of diagnoses which **are not considered part of a preventative exam**:

- Fatigue
- Back or Joint Pain
- Skin Rash
- Sleep Problems
- Sinus Infection
- Ear Pain
- Sore Throat
- Anxiety & Depression

Will my provider address only what my health plan covers?

Your provider does not know your health plan benefits and sees many patients with a variety of insurance plans. You are advised to review your health insurance benefits and contact your health insurance carrier with questions about coverage limits.